

2019-10-27

EUROPEAN KARATE ORGANIZATION

News from the Technical & Grading Committee

In this EKO newsletter you will find the first of its kind regarding Technical & Grading Committee.

First of all, I am very proud and honoured to be asked to take the position as Chairman of the T&G committee. I will do my best to develop EKO and work together with everybody in EKO, WKO and our other committees in EKO

This newsletter will be sent out regularly and keep you update about the activities and news from Technical & Grading committee which you will need to know in your Country, Branches, Dojos.

Committee members

The members of the T&G committee are some of our most experienced Shihans in EKO as well as WKO. Some of the members have been students directly under Sosai Matsutatsu Oyama at the old Honbu dojo.

The members are:

Shihan Brian Fitkin 8 Dan

Shihan Howard Collins 8 Dan

Shihan Furko Kalman 8 Dan

Shihan Jan Bülow 7 Dan, Chairman of T&G committee

Shihan Remigiusz Karpinski 6 Dan

Shihan Jesus Talan 6 Dan



EKO Committee meeting in Roskilde Denmark

In the weekend 18th. – 20th. October EKO had a seminar, which included all committees. All members of the Referee committee and Technical & Grading committee were there and Shihan Jesper Trier represented Medical committee.

The purpose of this seminar was first of all to align Kata performance in competition as well as in grading's. We often see participants perform kata very differently at competition and EKO T&G committee now take the opportunities to align Kata and agree and adjust expectations and standards of Kata.

This work was done in close cooperation with EKO Referee committee and we spend more than 12 hours during the weekend to discuss and find a way to explain what we want from our kata.

During the seminar all committees had the opportunity to have individual meetings, which you can read about in this EKO newsletter.

The result of this seminar in Roskilde Denmark will be presented to all countries, coaches in Dojo Stara Wieś Poland. The schedule and teaching was also planned during our seminar in Roskilde and we are looking forwards to show all of you our work.

Black Belt seminar Stara Wieś March 6th. – 8th. 2020

For the third time EKO once again present the annual Black Belt seminar.

This time T&G committee will present the work from our seminar in Roskilde. We will teach and show Kata performance and go through all aspect, which is needed to perform a good kata at competition and Grading.

At the seminar at Stara Wies Dojo seminar EKO Referee committee will have a referee seminar in kata. You will find more about this in this newsletter.

We recommend all countries to participate in this Black Belt seminar because it is important we focus and try to have the same understanding and performance in our Kata. Especially when it comes to competition and grading's.

More information about price, application etc. will be send out to all countries soon. We are looking forwards to meet all of you in Stara Wies next year.

[Dojo starawies](#)

Recommended grades

Only WKO can give recommended grades and there is a procedure about this as well. In the next EKO newsletter I will describe how, when, what and to whom you send the needed document for recommended Dan grades.

EKO grading

Many of you have students who go for grading in Japan this year, maybe even some of you will go for grading yourself. It is always a great and exciting experience to go for grading in Japan and I wish you the best. I know you will be prepared and do your absolutely best.

In the next newsletter EKO will announce when and where the EKO Grading will take place. For your information you can send students for grading to Shodan and up to Yondan.

Technicsl & Gradin Committee

Jan Bülow, Chairman

News from the Referee Committee



The members are:

Shihan Michael Söderkvist 7 Dan, Chairman

Shihan Alexander Goncharenko 5 Dan, Vice Chairman

Shihan Jan Bulow 7 Dan

Shihan Oliver Bogdan 5 Dan

Sensei Vidmantas Poskaitis 3 Dan

To be referee at coming European Championship

For next EC in Georgia 2020 we will invite all A-category referees (decision by the GA in Vilnius). To coming EC in Rumania 2020 (prel) all EKO referees are invited. In both cases an application with an approval must be done before the championship. For the Open category EC in Lithuania 2020 (prel) decision has to be done.

New EKO Referees

The Referee Committee can announce that the following persons are given EKO Kumite Referee licenses. There are persons that have challenge for new licenses but not got a new license. In some case they need better score in the test or more experience.

Kristijonas	Valančiūnas	LTU	Referee C NEW
Volodymyr	Galimskyi	UKR	Referee A NEW
Cristian	Bejan	ROU	Referee B NEW
Adriana	Antoneac	ROU	Referee B NEW
Svitlana	Marchenko	UKR	Referee C NEW

To get higher quality of our kata referee education we will now work in this manner. The kata referees will have the same categories as kumite referees A, B and C. The licenses will be based on the following steps.

1. Application with a compulsory CV of the referee background.
2. Show understanding on how the kata should be performed.
3. Theory rule test and judgment test through video clips.
4. Practical refereeing.

Team kata

The project with team kata will be discussed at next board meeting with a proposal to soon be an official EKO championship category. All judgement will be the same as individual but with the aid of synchronization.

Ranking for selection of fighters to World Championship in Poland Next EC in Georgia will be the first step to select fighters for next WC 2021, more information will be given after next EKO board meeting.

Selection tournament for WFKO World Championship

In January 18-19 the EFKO will be established and selection to coming WFKO World Championship 2020 in May will be held in Antwerp, Belgium. Invitation for the tournament is already on the web. All EKO license referees are welcome to apply for participating. More information will be given in middle of November.

Referee Committee

Michael Söderkvist, Chairman

News from the Medical Committee



The members are:

Shihan Jesper Trier 5 Dan, MD

Sensei Alicia Edin 3 Dan, MD

Sempai Gediminas Tankevicius 2 Dan, MD, PhD

In 2019 we have changed the EKO Health Information document. It is the document that must be used before tournaments. The change has made it less comprehensive and will be easier to fill out for the fighters and for the doctor who does the health check in the fighter's home country before the competition.

We are very aware of the safety of the fighters. That is why we have made various proposals to the EKO Referee Committee. Among other things, we have suggested more attention to concussions. Many people assume that concussions involve a loss of consciousness, but that is not true. In many cases, a person with a concussion never loses consciousness.

There are clear rules for fighters who get hit in the head with a legal technique. If this fighter is not ready in 3 seconds, the fighter loses the fight. Then EKO Medical

Committee recommend that the fighter to be inspected by the tournament doctor. Here the tournament doctor can assess whether the fighter should

1. Have information on concussion signs and have provided the EKO Medical Committee concussion brochure.
2. Depending on the signs of concussion, possibly re-examined by the tournament doctor at agreed intervals.
3. may be hospitalized for further examination and observation.

We believe there is a potential problem, when a fighter gets hit in the head with an illegal technique.

In the case of a concussion, because of an illegal technique, we do not have clear rules. It is in these cases that we want more attention for the safety of the fighters. This is something referees, coaches and fighters needs more information about.

Medical Committee

Jesper Trier, Chairman